

We know that access to target audiences is more challenging during this COVID-19 crisis. This provides an opportunity to partner with key stakeholders to integrate effective prevention services. Below are helpful resources to use while planning prevention activities during a pandemic.

While the Illinois Department of Human Services and Prevention First are not endorsing any particular organization or resource, we encourage you to use available tools to stay connected and support good health. Consider sharing these resources with others in your community. This document will be updated regularly.

Please note the “Last Updated” date and **\*\*** to indicate a newly added resource.

**Last Updated: 5/22/2020**

## **SUPP STRATEGY TIP SHEETS/RESOURCES**

### **Communication Campaign Tip Sheet – *What to Do When You Can’t Get into Schools***

This tip sheet offers organizations implementing prevention communication campaigns within school settings alternative options for message dissemination, collecting feedback, and conducting process evaluation when schools are not accessible. [Click to download](#)

### **YPE Online Options – Delivery and Training**

Originally posted on SAPP Groupsites, this blog post outlines the options for delivering SUPP-approved YPE Model Program Curriculum according to guidance issued by the developers of each curricula. [Click to download](#).

### **How to Continue Engaging your YAC Amid School Closures - Blog Post**

Originally posted on SAPP Groupsites, this blog post outlines offers ideas for engaging Youth Advisory Council members when schools are closed. Providers are encouraged to add their own ideas in the comments section. Additional resources are attached to the blog post. [Click to download](#).

### **Resource Catalog (PF)**

This resource was designed to help IDHS-SUPP Providers as well as the general public quickly locate the many resources housed on the Prevention First website—it includes a brief description of the resource and a corresponding link. [Click to download](#).

## OTHER PREVENTION RESOURCES

### **PTTC Pandemic Response Page**

<https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources>

This is a link to the Prevention Technology and Transfer Center's Pandemic Response page, which features trainings and other resources regarding responsive prevention services during a pandemic such as COVID-19.

### **National Minority Health Month Virtual Activities:**

<https://www.minorityhealth.hhs.gov/nmhm/index.html#resources>

April is National Minority Health Month. This year, the US Department of Health and Human Services Office of Minority Health is encouraging online engagement with the activities of National Minority Health Month.

### **Vaping and Marijuana E-Learning Resources**

These links offer e-learning opportunities related to Vaping and Marijuana prevention.

**Vaping Prevention: A Remote-Learning Curriculum Information for students, educators, and parents** - <http://med.stanford.edu/tobaccopreventiontoolkit/curriculums/Remote-LearningCurriculum.html>

**E-Learning Course on Marijuana and the Adolescent Brain** - [https://www.riprc.org/elearning/marijuana\\_adolescent\\_brain/#/](https://www.riprc.org/elearning/marijuana_adolescent_brain/#/)

### **Vaping and Marijuana Resources in Virtual Clearinghouse**

<https://www.prevention.org/virtual-clearinghouse/e-cigarettes-and-vaping/>

This link leads to printed materials, infographics, toolkits and more in the Prevention First Virtual Clearinghouse.

### **Partnership for Drug-Free Kids**

<https://drugfree.org/article/covid-19-we-are-here-for-you/>

This link leads to Partnership for Drug-Free Kids collected COVID-19 resources, including parent resources and live/text-based support lines.

### **Illinois WiFi Hotspots for E-Learning**

<http://illinois.maps.arcgis.com/apps/webappviewer/index.html?id=23e8046edd2940bc8ad3ad1725e47cd0>

The Illinois Board of Higher Education along with the Illinois State Board of Education, the Department of Commerce and Economic Opportunity, the Department of Innovation and Technology, the Illinois State Library, and the Illinois Community College Board developed a wi-fi hotspot map to help students participating in e-learning.

**\*\*National Education Association – Social-Emotional Learning During COVID-19**

<http://neatoday.org/2020/04/15/social-emotional-learning-during-covid/>

This article, Social-Emotional Learning Should be a Priority during COVID-19 Crisis, includes a link to a YouTube webinar/discussion with three educators connected to the National Education Association.

## HEALTH RESOURCES

### **American Academy of Pediatrics**

These links offer information and resources, both in English and in Spanish, for parents and caregivers, including tips on working and learning from home during the COVID-19 outbreak.

<https://www.healthychildren.org/english/health-issues/conditions/chest-lungs/pages/working-and-learning-from-home-during-the-covid-19-outbreak.aspx>

<https://www.healthychildren.org/spanish/health-issues/conditions/chest-lungs/paginas/working-and-learning-from-home-during-the-covid-19-outbreak.aspx>

The following link includes detailed tips for handwashing lessons with children, including when, how and how often.

<https://www.healthychildren.org/English/health-issues/conditions/prevention/Pages/Hand-Washing-A-Powerful-Antidote-to-Illness.aspx>

### **Centers for Disease Control (CDC)**

<https://www.cdc.gov/handwashing/videos.html>

These videos were created as part of CDC-TV's Health Matters series for the general public and public health professionals. The general public is encouraged to watch these videos to learn more about how they can keep themselves healthy by practicing improved hygiene. Public health professionals can use these videos to raise awareness and educate their community on healthy hygiene behaviors.

### **Frameworks Institute – Framing COVID-19**

<http://frameworksinstitute.org/framing-covid-19.html>

The Frameworks Institute pulled together guidance from twenty years of framing research and practice to help advocates and experts be heard and understood in a time of global crisis. Every few days, the Frameworks Institute will share a few ideas that can help us all amplify the values of justice, inclusion, and interdependence and post them here.

### **Community Toolbox Coronavirus Response Toolkit**

<https://ctb.ku.edu/en/coronavirus-tools>

These resources are organized by Tools for Public Health Action, Tools for Community Action, and include useful tools drawn from authoritative sources—WHO, CDC, and Community Tool Box.

## **The Lancet Journal**

[https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366\(20\)30168-1/fulltext](https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366(20)30168-1/fulltext)

The Lancet Journal collects research and considerations for mental health and substance use during the COVID-19 pandemic.

## **National Institute of Mental Health – 5 Steps to Maintain Your Health and Well-Being**

<https://www.youtube.com/watch?v=60kGONUJSRY&fbclid=IwAR2POFuj9batvllKTWGLS-C5vbClYTIkO1U5wOUdGBkF-lfNyhW-9zHUTOI>

This is a link to a video in which Dr. Joshua Gordon, Director of the National Institute of Mental Health, offers five steps you can follow to maintain your mental health and well-being during the novel coronavirus outbreak.

## **\*\*Double Jeopardy: COVID-19 and Behavioral Health Disparities for Black and Latino Communities in the U.S.**

<https://www.samhsa.gov/sites/default/files/covid19-behavioral-health-disparities-black-latino-communities.pdf>

Learn more about the impact of COVID-19 on Black and Latino communities in the U.S. from SAMHSA's Office of Behavioral Health Equity new resource document.

## **TRAINING AND PROFESSIONAL DEVELOPMENT OPPORTUNITIES**

**CADCA Webinar Wednesdays:** <https://www.cadca.org/resources/cadca-hosts-webinar-wednesdays>

Each Wednesday from April 15-June 17 from 1-2:30 PM EDT, free webinars hosted by CADCA's youth and adult trainers. Webinars will cover topics including youth and sector engagement, sustainability, best practices during COVID-19 and more!

**NIH Coping with Coronavirus:** <https://www.nih.gov/coronavirus>

This link contains the latest research information from the National Institutes of Health, including resources and news releases.

## **Supporting Prevention Efforts through Virtual Settings Webinar – Two-Part Webinar**

<https://pttcnetwork.org/centers/mountain-plains-pttc/product/supporting-prevention-efforts-through-virtual-setting-two-part>

Part 1 – April 15, 2020 – Recording link will be available soon.

Hosted by the Mountain Plains Prevention Technology Transfer Center (PTTC), this webinar was presented by Dr. Aaron Fischer of the University of Utah to support

prevention providers by highlighting tools and features of service delivery, through videoconferencing platforms. Participants will learn how to use this technology to engage in direct prevention efforts, as well as indirect prevention efforts, by supporting coalitions, caregivers, and school staff.

Part 2 – April 29, 2020

Hosted by the Mountain Plains Prevention Technology Transfer Center (PTTC), this webinar will be presented by Dr. Aaron Fischer of the University of Utah and will review the legal and ethical considerations for prevention practice through a virtual setting. Participants will learn which requirements must be in place as well as current changes due to COVID-19.

### **Smoking & COVID-19: A Chat with a Lung Doctor - Webinar**

<https://publichealthlawcenter.org/webinar/smoking-covid-19-chat-lung-doctor>

Given universal concern and questions about the coronavirus, the Public Health Law Center produced a webinar about the connection between smoking and COVID-19. This webinar, pre-recorded on April 12, 2020, features a conversation between Public Health Law Center staff attorney Kyra Hill and her father, Dr. Nick Hill, who is Chief of the Pulmonary, Critical Care and Sleep Division at Tufts Medical Center and a Professor at Tufts University School of Medicine.

### **McLean Hospital - Harvard Medical School Affiliate Webinar Series**

<https://home.mcleanhospital.org/covid-webinars>

The following is a link to a free webinar series provided by McLean Hospital and are offered to provide mental health support resources during COVID-19.

### **CASEL - Collaborative of Academic, Social, and Emotional Learning**

<https://casel.org/covid-resources/>

This link provides a webinar series and other free resources designed to support educators, parents, and anyone who works with children. This page will be updated regularly.

### **Parents Helping Parents (PHP)**

<https://www.php.com/elearning-category/covid-19-resources-for-families/>

This link offers various e-learning opportunities for parents and caregivers related to self-care and the care of others in response to COVID-19.

### **Let's Listen to Our Young People**

<https://youtu.be/hA8x-4zZP6Y>

This link is a recorded webinar from CASEL on how educators can help students feel connected during the COVID-19 pandemic.

### **The Critical Role for Prevention During and Post Pandemic**

[https://zoom.us/webinar/register/WN\\_k\\_4ND9XfSCuOB7LBWri3Tw](https://zoom.us/webinar/register/WN_k_4ND9XfSCuOB7LBWri3Tw)

This webinar, hosted by the Great Lakes PTTC, will be a starting point for a regional dialogue as we prepare for recovery and the important role that prevention professionals will play in the response.

### **Illinois Department of Human Services**

<http://dhs.illinois.gov/helpishere>

This link from IDHS has several resources that can be shared with Illinois families.

### **SAMHSA and PTTC/MHTTC COVID-19 TTA**

<https://www.samhsa.gov/sites/default/files/training-and-technical-assistance-covid19.pdf>

This is a link to a collection of training and technical assistance opportunities from SAMHSA and the MHTTC/PTTC network.

**Prevention in Action: Connecting with youth before, during and after COVID-19**

<https://register.gotowebinar.com/register/2938748697034672654>

This is a link to register for a webinar hosted by New England PTTC on May 26<sup>th</sup>: Prevention in Action: Connecting with youth before, during and after COVID-19. As part of the Prevention in Action webinar series featuring successful prevention programs around New England, this webinar will feature a panel of prevention practitioners to discuss their strategies for keeping youth engaged and connected in prevention while schools are closed and meetings are not possible. They will also discuss how these strategies can be adapted to continue to be helpful in the future.